

	Under 13	Under 14	Under 15	Under 16	Under 17	Under 18
Playing Minutes per half (No extra time)	25		30	35		
Ball Size	4	4	5	5	5	5
Players	13	15	15	15	15	15
Initial KO & after scores	option Kick or receive		as per adult game			
Penalty	Free Kick	Penalty as per adult Game				
Conversions	No	Conversions as per adult game				
Scrum ²	6	8	8	8	8	8
Squeeze Ball	No - in training or games					
Scrum Formation ³	3 2 1	3 4 1	3 4 1	3 4 1	3 4 1	3 4 1
Scrum Binding	Locks permitted to bind between legs of props with outside arm					
Scrum wheeling	Max 45 degrees no "turnover ball" unless penalised for "pulling it round"					
Scrum push	maximum 1.5 metres					
No 8 Pick up	No	No 8 Pick up as per adult game				
Non ball winning scrum half	not past tunnel			as per adult laws		
Ball winning scrum	ball must not intentionally be kept in the scrum once under control					
Lineout numbers	Free Kick	as per adult law with variations See U14 note.				
Lineout Competitive & Support	No		Lifting unopposed	Lifting opposed as per adult game		
Shoulders above hips at scrum, ruck or maul	A Free Kick is awarded against any player who causes an opponent to do this					
Hand off	Permitted unless deemed Dangerous Play					
Tackle	as per adult laws					
Replacements	a substituted player may replace an injured player					
Replacements -numbers	up to seven unlimited rolling replacements as per competition rules					
Yellow Cards Time ⁴	5	5	6	7	7	7

² All players in the front 5 to be suitably trained for those positions

³ A scrum must always have equal numbers

If a team is incomplete (even if it is a back player) the scrum formation must be:

if a team is without 1,2,3 players (whatever position) the scrum formation for each team must be 3 4; 321 ; 32

Number 8 has to stay bound between the second row and not move into any other position

U14 Lineout is thrown in unopposed (rethrow completely not straight) Competition starts when ball caught & team have chance to set. Ref may need to call "compete" if defending side too eager

U15 Lineout - lifting is allowed but no competition is allowed till the jumper is safely back on the ground. Referee may need to call "compete" if defending side is too eager.

⁴ U13 & U 14 Referee & coaches try to preempt yellow cards with substitutions where appropriate

Law 19 Line-Out: U15 (a) The lineout will be uncontested. (b) Lifting and supporting is permitted at this age group, i.e. a player may not bind to a jumper until he has returned to the ground.

2 d) U14 Coaches are not permitted on the pitch when the game is in play and the referee is encouraged to advise and guide the teams and players.

Over 18 ie u19 & u23 are considered adult where squeeze ball is allowed